

ADAM MAZEK

Diaries

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HOW TO MANAGE YOUR TIME EFFICIENTLY?



HOW TO MANAGE YOUR TIME EFFICIENTLY?

I wrote about wanting to know the key to managing my time efficiently in a post titled: "How to manage your time efficiently?". The truth is that I know a few tips from various sources. Nevertheless, I know there is still much learning ahead of me. Have I read about effective time management in Taschen's books? No. The source of information, in this case, was the Internet at large (with Forbes and BusinessInsider websites at the forefront). The more advice I read, the more I reinforced my belief that it is impossible to control one's time 100 percent. The fact is:

- I have time for my beloved Kamilka;
- I take a fantastic amount of photos;
- I work as an accountant;
- I write texts to publish on the blog;
- I read books.
- I create "Diaries."

Generally speaking, I manage to work in the financial sector and have time for my beloved and my hobbies. Nevertheless, as you undoubtedly noticed, my Dear Friend, I did not write that I have enough time for my beloved Parents, who live in Brok (~90km/56 miles from Warsaw), and for my friends. Therefore, I know that I should learn to manage my time effectively. My dream is to have more time for family and friends as well. Will I be able to do it? I believe that it is possible. I am confident that I can devote more of my time to them. Time organization is the key to success in life. Do I have any plans? I will probably have to spend less time on my passion and work. Is this possible?

• *Cover: post "Public Admiration"; p. 4 "How to manage your time efficiently?"*



HOW TO MANAGE YOUR TIME EFFICIENTLY?

As for my hobbies, undoubtedly, yes. Work, on the other hand, is quite a difficult thing to accomplish. Nevertheless, I will do much to spend more time with my family and friends. In today's text, I want to emphasize, my Dear Friend, that none of us can manage our time 100% efficiently. The sooner we realize this, the better we will start working our time. Recognizing a problem is the first step to solving it and looking for solutions to improve something in your life.

The following posts to appear on my blog were bilingual versions of "Diaries." You can find their covers at the end of the current issue (pp. 19-20).

VANITY



VANITY

I wrote about how social media is based on human vanity in a post titled: "Vanity." I'm no exception, either. Like most people, I enjoy getting likes on Facebook and Instagram. Undoubtedly, the account on Instagram has given me additional responsibilities to my hobby. I enjoy posting photos there, but the longer I'm there, the more I see that all the other accounts are doing the same thing, that we are all based on our own vanity. We add photos to flatter our egos. All social media is probably based on this human desire to satisfy one's vanity, which is difficult to explain. What can be done about it?

The only possible way is to get rid of both Facebook and Instagram. Human beings are far from perfect. Even if someone denies that he doesn't have an account on Instagram, I still won't fully believe him. Of course, accounts on the abovementioned platforms focus on business and making money. Still, it seems to me that without a broad vanity, such accounts would not make money for themselves. Even the most well-known companies have their exuberant egos. Such companies are focused on acquiring more and more followers. This is quite logical. They do it to have more and more income. Even so, it seems to me that vanity is hiding somewhere between the lines all the time.

Such companies want to be the best. They want to have as many followers as possible. They want to be better than the competition. Running a business is only a partial answer to why they want to do that. Their megalomania is also why they want to have more and more fans. Can we do anything about the vanity associated with social media platforms? I don't think so. We are all human beings, and vanity is integral to our behavior. That's why I just accept it while paying little attention to what happens on social media platforms. As usual, I try to let common sense and prudence reign supreme in my mind (as much as possible).

VANITY





**MAKING PICTURES
ON THE TRIPS**

MAKING PICTURES ON THE TRIPS

In the following text, I wrote about taking trip pictures (post: "Making pictures on the trips."). For many years, I was convinced that I could only take great pictures while traveling. Now I know that I was wrong. It's a waste of time to wait for a trip during which you will take the "picture of your life" that will make everyone around you applaud you. Nevertheless, everyone should travel as often as possible. Sightseeing is undoubtedly one of the best ways to get to know the world around you. Moreover, it is expected that, being in a new place, we want to photograph practically everything we see. Undoubtedly, this is the moment when the artistic part of our soul is awakened in each of us. Being enthralled by the marvelousness of the surrounding world, new to us, we want to create something extraordinary, capturing the majestic beauty of new places. Nevertheless, I want to encourage you, my Dear Friend, to open your eyes. The artist that lives in each of us does not have to awaken only during exotic travels. Taking pictures on trips is one of many ways to create surprising photographs. Get out of the house and look around you. I'm convinced that even if you live in a mundane area, you can still find fascinating places and things to photograph. Who knows, maybe the "photo of your life" won't be the one you took in the Seychelles or Bali, but it will be the one you took in your garden or at the bus stop near your home. Each of us can start taking photos here and now without waiting for anything. Instead of reading this text on your smartphone, it's better to take a picture of what you see around you. Taking photos while traveling is a fantastic experience, but I urge you to appreciate the gray reality around you. Who knows, maybe your mundane surroundings will bring you fame thanks to the photo you took in your neighborhood.



**MAKING PICTURES
ON THE TRIPS**

VIRTUAL REALITY



VIRTUAL REALITY

I recently recalled that during the photography school I attended in 2016-2018, we had a class in which one of the teachers, Bartek Mokrzycki, provided us with a virtual reality headset - VR goggles (post: "Virtual Reality"). Using the goggles was a unique experience. However, I believe that the most exciting program of Virtual Reality is imagination. Moreover, I believe that all people have deep resources to recreate virtual reality in their minds. It is up to us how we use our fantastic mind power. Some people (artists, for example) use their creative visions as a tool or even a weapon. By writing, painting, drawing, singing, photographing, and, in short, creating, they transform their inner worlds into works of art. They make something out of nothing. They transfer their personal and intimate virtual reality to other people's senses, minds, and consciousness. Artists can consciously draw from their virtual reality system. This is how they create works of art. I believe that we can learn and develop the process of using the resources of our mind and imagination. The sooner we start designing, the better results we will get.

On the other hand, there may be drug addicts or alcoholics whose virtual reality system may have been seriously damaged. Alcohol and stimulants damage the cells in our brains. Therefore, when someone drinks alcohol daily, their mind tends to lose creative abilities (unless you are an exception, like Charles Bukowski). People who are addicted to stimulants have mediocre control over their minds. The more someone drinks, the greater the loss of control over their virtual reality. Such people need help. I encourage you, my Dear Friend, to open your mind, heart, and soul as an artist. Try to use your creative Virtual Reality and start creating, whatever your choice.

Transform your inner thoughts and your own intimate world into beautiful works that will be admired by your contemporaries and posterity. I always try to keep all of this in mind while photographing. Is photography my only passion? I would also add writing texts, preparing the following "Diaries" issues, and reading.



**WAGE-
SLAVERY**



WAGE-SLAVERY

Sometimes I wonder if I am a wage slave (post: "Wage-slavery"). Generally speaking, I don't feel like one. However, there is some evidence to support this. Despite the continuous development of human civilization, the problem of wage slavery is a mass problem. In fact, almost all people are slaves to money. Who are the first victims of money that came to mind? The first thought that came to my mind was hundreds of factories and thousands of workers in India, Bangladesh, China, Thailand, etc., where even children have to work to earn a living. Working for global companies is something that makes these people slaves to capitalism. Can we change this? I'm afraid we are not in a position to do so. Social inequality will accompany human civilization until the end of our days. This was suggested to me by the Polish science-fiction writer and philosopher Stanislaw Lem. But why do I have doubts about being a slave as well? I often wonder if all the people working in corporations who sit in front of monitors for at least eight hours a day, five times a week, are also slaves to capitalism. To me, this is some kind of slavery. However, such office workers have far more opportunities to change their jobs than the Asian children mentioned earlier. Office workers tend to be better educated and thus have many more opportunities to make wide-ranging life changes. In Poland today, unemployment is at its lowest level since the fall of communism in 1989. Many educated people can change professions during their lives. By changing jobs, they adjust their broader existence to the situation in the country. So, I don't think I'm a wage slave, but there were times in my accounting career when I felt that way.



WAGE-SLAVERY

PUBLIC ADMIRATION

Sometimes, I think about public admiration. I try to imagine if this kind of admiration would suit me. It is impossible to please everyone. My creative activity does not serve to satisfy anyone's needs. The purpose of my artistic activity is not public admiration. The first and primary person I want to satisfy with my creative passion is me. I know I have a small group of people who cheer me on in my activities. These are people whose opinions are important to me. However, widespread public admiration is not the goal of my activity. I prefer to focus on my creative needs and a small group of fans. I think this is a great time to thank everyone who attended my two photo exhibitions. I also thank everyone who has accompanied me on my artistic journey. Thanks to all of you, I know what I am supposed to do and try to realize it consistently. I hope my photographic activity will continue for the rest of my life. I also hope you will be able to accompany me in my work for decades. I think wide public admiration is tempting for many artists, but I try not to think about it.

If public admiration is not the goal of your artistic activity, what is your goal?

Undoubtedly, you could ask me, my Dear Friend. I want to inspire both the people of today and all future generations in terms of creating art. It doesn't matter if I want to motivate them through my photographs, texts, "Diaries," or graphics. I want to encourage as many people as possible that they have creative powers that they can use. Turn off the computer, put down the smartphone, go outside, and take pictures! Rejoice in the creation process; don't think about who will start admiring your work and when.



THE END



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